## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Ty	pe Response	s)														
1. Name and Address of Reporting Person *- PORTNOY DAVID				2. Issuer Na CRYO CE					C [CCE		5. Relationship of Reporting Person(s) to Issuer (Check all applicable)X Director10% Owner					
(Last) (First) (Middle) 700 BROOKER CREEK BLVD., SUITE 1800				3. Date of Ea 11/21/2019		ransaction	n (Mont	h/Day/Yea	r)	X_ Officer (give	X_ Officer (give title below) Other (specify below)  Co-Chief Executive Officer					
(Street) OLDSMAR, FL 34677				4. If Amenda	nent, Da	ate Origir	nal Filed	(Month/Day/	Year)	_X_ Form filed by O	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person					
(Cir		(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1.Title of S (Instr. 3)	Instr. 3) Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution D any (Month/Day	ate, if	3. Transa Code (Instr. 8)	ection	4. Securities Acquire (A) or Disposed of (Instr. 3, 4 and 5)			5. Amount of Secu Owned Following Transaction(s) (Instr. 3 and 4)	(s)		ship II (D) C	7. Nature of Indirect Beneficial Ownership	
					Code	V	Amount	(A) or (D)	Price				rect (1 4)	(Instr. 4)		
Common	Stock										151,224		I	C	By Corporation 1)	
Common	Stock										58,011		I	E	By 401K	
Common	Stock										9,122		I		s Cust for Daughter	
Common	Stock										9,974		I		s Cust for Son	
Common	Stock										78,864		I	E	By Spouse	
Common	Stock										59,027		I	E	By LLC (2)	
Common	Stock										199,080		I	E	By IRA	
Common	Stock										55,219		I	C	By Corporation (3)	
Common	stock		11/21/2019			S		89,510 (7)	D	\$ 3.3	491,623		D			
Common	stock		11/21/2019			S		40,390 (7)	D	\$ 3.2	452,233		D			
Common	stock		11/21/2019			S		27,572 (7)	D	\$ 4	424,661		D			
Reminder:	Report on a s	separate line for each	h class of securities be	- Derivative	Securit	ties Acqu	Pers this curr	sons who form are ently vali	not rec d OMB , or Ben	quired cont	the collection of it to respond unler rol number.			SE	C 1474 (9-02)	
(e.g., puts, calls, warrants, op							Date Ex	ercisable ar								

Security	Conversion	(Month/Day/Year)	Execution Date, if	Code	tion )	5. Number of Deriva Securities Acquired or Dispos of (D) (Instr. 3, and 5)	(A) sed			of Underlying Securities			Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficial Ownership (Instr. 4)
				Code	V	(A)		Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Stock Option	\$ 1.72							12/01/2011	12/01/2021	Common Stock	200,000		200,000	D	
Stock Option	\$ 2.9							08/31/2011	08/31/2021	Common Stock	100,000		100,000	D	
Stock Option	\$ 3.14							04/15/2016(4)	04/15/2026	Common Stock	70,270		70,270	D	

Stock Option	\$ 7.92				<u>(5)</u>	03/08/2023	Common Stock	23,636		23,636	D	
Stock Option	\$ 7.53	08/30/2019	A	26,243	<u>(6)</u>	08/30/2029	Common Stock	26,243	\$ 7.53	26,243	D	

### **Reporting Owners**

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
PORTNOY DAVID 700 BROOKER CREEK BLVD., SUITE 1800 OLDSMAR, FL 34677	X		Co-Chief Executive Officer					

#### **Signatures**

/s/ David Portnoy	11/25/2019
***Signature of Reporting Person	Date

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Share of Common Stock held by Partner Community, as to which David I. Portnoy may be deemed the beneficial owner as the Chairman of the Board and Secretary and as the managing member of Mayim Management, LLC, which may exercise investment and voting discretion over such shares of Common Stock in accordance with the Investment Advisory Agreement.
- (2) Share of Common Stock held by Mayim Investment Limited Partnership, as to David I. Portnoy may be deemed the beneficial owner as the managing member and owner Mayim Management, LLC, which is the general partner of Mayim Investment Limited Partnership.
- (3) Share of Common Stock held by uTIPu, Inc, as to which David I. Portnoy may be deemed the beneficial owner as the Chairman of the Board and Secretary.
- (4) Stock options vest 1/3 on date of grant, 1/3 December 1, 2016 and 1/3 December 1, 2017.
- (5) Stock options will vest 1/3 on date of grant, 1/3 December 1, 2018 and 1/3 on December 1, 2019.
- (6) Stock options will vest 1/3 upon date of grant, 1/3 on December 1, 2019 and 1/3 on November 30, 2020.
- (7) Shares surrendered as a result of the ratification of stock issuances and equity awards at the Company's Annual Meeting of Shareholders on November 21, 2019.

 $Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, {\it see}\ Instruction\ 6 for procedure.$ 

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